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## Infusing Tolerance and Empathy Skills in Adolescents for Peaceful Co-existence in 21st Century

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### Abstract

*Tolerance and Empathy are the most vibrant tools that are to be reinforced in the society for building up mutual relations among adolescents in the present world. Due to the globalisation and worldwide migration the education pattern for children is to be reformed for bringing positive changes in their attitudes, behaviour, beliefs and values by infusing Tolerance and Empathy. Today's adolescents are belonging mostly to nuclear family so they face difficulties in getting along with people of different culture, language, caste, community, religion, age, race, knowledge, attitude, behaviour, values, ethnicity, nationality. Empathy is one of the basic and essential skills among ten core life skills proposed by World Health Organisation (WHO). So there is a need for adolescents to grow in a multicultural, multilingual and multi-religious groups that can only be fostered in well-established school environment where they spend most of their time. The present paper focuses on infusing Tolerance and Empathy among adolescents for their future benefits so that the quality of their life increases by modifying them into an individual of tolerant and empathic personality so as to well equip themselves in the modern social settings.*

### Author Keywords

Tolerance, Empathy, Lifeskills, World Health Organisation, Personality

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