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SHADPADARTH OF VAISHESHİK DARSHANA AND SHATKARANA EXPLAINED IN AYURVEDA - A COMPARATIVE STUDY

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Abstract

The Indian systems of philosophy are classified into two classes, namely, the „nastika” and the „astika”. The Vaisheshik school of philosophy attributed to „Kanada Acharya” deals mostly with physics and metaphysics. The Shad -padarthas namely Dravya, Guna, Karma, Samanya, Vishesh, Samvay narrated by Vaisheshik Darshan are held as a characteristic feature of this school of philosophy. In Charak Samhita, which is one of the most classic works done in Ayurveda, 'Shat-karanas' are mentioned as tools for prevention and treatment of various physical and mental diseases. In this epoch, when Ayurveda is demanded globally, it is very important for us to have thorough and deeper understanding of basic principles of Ayurveda and other complementary sciences. So, this topic was selected to compare Shatkarana mentioned in Ayurveda with that mentioned as Shadpadarthas in Vaisheshik Darshana.

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