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## Female sexual dysfunction and digital era: To listen to voice of a female

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### Abstract

*Sexual function is a complex process involving interaction between neural system, vascular system, endocrinological and psychological system. Sexual dysfunction has its separate position in the classificatory system like DSM 5, showing increasing importance. Although studies are less showing the incidence and prevalence of sexual dysfunction in females, it can be stated that in females it is 43% as compared to males (31%). Among the various types of sexual dysfunction most common type is low sexual interest (26%). Less than one-third of females seek medical attention for their sexual problems. Since the use of digital technology is increasing now, it impacts on sexual life is of great concern. Studies show that it has various negative impacts where as some studies also show some positive impacts. Adequate knowledge about sexual function and dysfunction is essential for managing this unreached area. The use of digital technology can be of much help in not only providing education to the patient but also help in managing some aspects of female sexual dysfunction.*

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